

Homemade Paint

Ingredients

- 1 cup salt (250ml)
- 1 cup flour (250g)
- 1 cup **cold** water (250ml)
- Food colouring

Instructions

- Blend flour and salt together in a large bowl.
- Add in cold water and mix until smooth
- Separate the mixture and pour into bowls into however many colours you'd like to make (you won't need too much for Friday's craft and can save some to use for Saturday's craft if you like.)
- Add food colouring and mix.
- Increase food colouring until desired colour is reached.
- Stir well in bowl

Salt Dough

Ingredients

- 1/4 cup salt (60g)
- 1 cup flour (240g)
- 1/3 cup + 1 Tablespoon **warm** water (90ml) {you might need a little more water}

Instructions

- Blend flour and salt & water together in a bowl.
- Knead for about 10min

OTHER SUPPLIES NEEDED:

Paper

Tooth picks (cocktail sticks) if available

Sponge (smaller piece if available) or bubble wrap or anything with a bit of texture

Paints (or use the recipe above)

Crayons (wax colour sticks) or washable markers or colour pencils

Paper towels or rags for cleaning up

“You direct me on the path that leads to a beautiful life. As I walk with You, the pleasures are never-ending, and I know true joy and contentment.” Psalm 16:11